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## Colorado Area Support Group Schedule

**Those living with HD, at-risk, gene positive, gene negative, caregivers, friends and family are all welcome.**

Support Groups are safe places for you to meet, listen, and learn from other people affected by Huntington's disease (HD). Those living with HD, at-risk, gene positive, gene negative, caregivers, friends and family are all welcome. Please, join us at one or more of the support groups we have each month in your area. For more information call the chapter's Social Worker, Mandy Benson, MSW, LSW at (303) 321-5503 or e-mail: [abenson@hdsa.org](mailto:abenson@hdsa.org).

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· **Denver Metro Support Group** (Youth Group not available)

**Fourth Wednesdays**, – Time 7:00pm-9:00pm.

Location: Johnson Adult Day Program (JADP), 3444 S. Emerson St., Englewood, CO 80113

RMC Social Worker: Mandy Benson; Peer Support Group Leader, Marcella DeVargas, Breakout facilitators: Ms. Liz Adler, LCSW & Ms. Dana Lahoff, LCSW

· **Boulder Support Group**

**Second Wednesdays**, - Time 7:00pm-8:30pm.

Location: Wynwood Ridge Point, Brookdale Senior Living, 3375 34th Street, Boulder, CO 80301. Enter the lobby and ask for group.

RMC Social Worker: Mandy Benson; Peer Support Group Leader: Aya Jones

· **Southern Colorado Support Group**

**First Tuesdays**, - Time 1:00pm - 2:00pm.

The group will be held at HealthSouth Rehabilitation Hospital of Colorado Springs. The address is 325 Parkside Dr. Colorado Springs, CO 80910. It will be held the 1st Tuesday of the month in the case management conference room, from 1-2 pm. The group will be facilitated by Dr. Lisa Ott

· **Northern Colorado Support Group**

**Third Thursdays**, - Time 6:30pm - 8:00pm

Location: Poudre Valley Hospital, Office Scapes Education Room, near the cafeteria.

Professional Facilitator: Amanda Benson, MSW, LSW

· **Western Slope Support Group**

**Last Tuesdays**, - Time 6:30pm-8:00pm

Location: First United Methodist Church, 522 White Ave. Grand Junction, CO 81501

Professional facilitator: Ms. Robin Slater, LPC